

COMPREHENSIVE ICF CORE SET for BIPOLAR DISORDERS

BODY FUNCTIONS = physiological functions of body systems (including psychological functions)	
b126	Temperament and personality functions
	<p>General mental functions of constitutional disposition of the individual to react in a particular way to situations, including the set of mental characteristics that makes the individual distinct from others.</p> <p><i>Inclusions: functions of extraversion, introversion, agreeableness, conscientiousness, psychic and emotional stability, and openness to experience; optimism; novelty seeking; confidence; trustworthiness</i></p> <p><i>Exclusions: intellectual functions (b117); energy and drive functions (b130); psychomotor functions (b147); emotional functions (b152)</i></p>
b130	Energy and drive functions
	<p>General mental functions of physiological and psychological mechanisms that cause the individual to move towards satisfying specific needs and general goals in a persistent manner.</p> <p><i>Inclusions: functions of energy level, motivation, appetite, craving (including craving for substances that can be abused) and impulse control</i></p> <p><i>Exclusions: consciousness functions (b110); temperament and personality functions (b126); sleep functions (b134); psychomotor functions (b147); emotional functions (b152)</i></p>
b134	Sleep functions
	<p>General mental functions of periodic, reversible and selective physical and mental disengagement from one's immediate environment accompanied by characteristic physiological changes.</p> <p><i>Inclusions: functions of amount of sleeping, and onset, maintenance and quality of sleep; functions involving the sleep cycle, such as in insomnia, hypersomnia and narcolepsy</i></p> <p><i>Exclusions: consciousness functions (b110); energy and drive functions (b130); attention functions (b140); psychomotor functions (b147)</i></p>
b140	Attention functions
	<p>Specific mental functions of focusing on an external stimulus or internal experience for the required period of time.</p> <p><i>Inclusions: functions of sustaining attention, shifting attention, dividing attention, sharing attention; concentration; distractibility</i></p> <p><i>Exclusions: consciousness functions (b110); energy and drive functions (b130); sleep functions (b134); memory functions (b144); psychomotor functions (b147); perceptual functions (b156)</i></p>
b144	Memory functions
	<p>Specific mental functions of registering and storing information and retrieving it as needed.</p> <p><i>Inclusions: functions of short-term and long-term memory, immediate, recent and remote memory; memory span; retrieval of memory; remembering; functions used in recalling and learning, such as in nominal, selective and dissociative amnesia</i></p> <p><i>Exclusions: consciousness functions (b110); orientation functions (b114); intellectual functions (b117); attention functions (b140); perceptual functions (b156); thought functions (b160); higher-level cognitive functions (b164); mental functions of language (b167); calculation functions (b172)</i></p>
b147	Psychomotor functions
	<p>Specific mental functions of control over both motor and psychological events at the body level.</p> <p><i>Inclusions: functions of psychomotor control, such as psychomotor retardation, excitement and agitation, posturing, catatonia, negativism, ambitendency, echopraxia and echolalia; quality of psychomotor function</i></p> <p><i>Exclusions: consciousness functions (b110); orientation functions (b114); intellectual functions (b117); energy and drive functions (b130); attention functions (b140); mental functions of language (b167); mental functions of sequencing complex movements (b176)</i></p>
b152	Emotional functions
	<p>Specific mental functions related to the feeling and affective components of the processes of the mind.</p> <p><i>Inclusions: functions of appropriateness of emotion, regulation and range of emotion; affect; sadness, happiness, love, fear, anger, hate, tension, anxiety, joy, sorrow; lability of emotion; flattening of affect</i></p> <p><i>Exclusions: temperament and personality functions (b126); energy and drive functions (b130)</i></p>
b156	Perceptual functions
	<p>Specific mental functions of recognizing and interpreting sensory stimuli.</p> <p><i>Inclusions: functions of auditory, visual, olfactory, gustatory, tactile and visuospatial perception, such as hallucination or illusion</i></p> <p><i>Exclusions: consciousness functions (b110); orientation functions (b114); attention functions (b140); memory functions (b144); mental functions of language (b167); seeing and related functions (b210-b229); hearing and vestibular functions (b230-b249); additional sensory functions (b250-b279)</i></p>

b160	Thought functions
	<p>Specific mental functions related to the ideational component of the mind.</p> <p><i>Inclusions: functions of pace, form, control and content of thought; goaldirected thought functions, non-goal directed thought functions; logical thought functions, such as pressure of thought, flight of ideas, thought block, incoherence of thought, tangentiality, circumstantiality, delusions, obsessions and compulsions</i></p> <p><i>Exclusions: intellectual functions (b117); memory functions (b144); psychomotor functions (b147); perceptual functions (b156); higher-level cognitive functions (b164); mental functions of language (b167); calculation functions (b172)</i></p>
b164	Higher-level cognitive functions
	<p>Specific mental functions especially dependent on the frontal lobes of the brain, including complex goal-directed behaviours such as decision-making, abstract thinking, planning and carrying out plans, mental flexibility, and deciding which behaviours are appropriate under what circumstances; often called executive functions.</p> <p><i>Inclusions: functions of abstraction and organization of ideas; time management, insight and judgement; concept formation, categorization and cognitive flexibility</i></p> <p><i>Exclusions: memory functions (b144); thought functions (b160); mental functions of language (b167); calculation functions (b172)</i></p>
b280	Sensation of pain
	<p>Sensation of unpleasant feeling indicating potential or actual damage to some body structure.</p> <p><i>Inclusions: sensations of generalized or localized pain in one or more body part, pain in a dermatome, stabbing pain, burning pain, dull pain, aching pain; impairments such as myalgia, analgesia and hyperalgesia</i></p>
b330	Fluency and rhythm of speech functions
	<p>Functions of the production of flow and tempo of speech.</p> <p><i>Inclusions: functions of fluency, rhythm, speed and melody of speech; prosody and intonation; impairments such as stuttering, stammering, cluttering, bradylalia and tachylalia</i></p> <p><i>Exclusions: mental functions of language (b167); voice functions (b310); articulation functions (b320)</i></p>
b530	Weight maintenance functions
	<p>Functions of maintaining appropriate body weight, including weight gain during the developmental period.</p> <p><i>Inclusions: functions of maintenance of acceptable Body Mass Index (BMI); impairments such as underweight, cachexia, wasting, overweight, emaciation and such as in primary and secondary obesity</i></p> <p><i>Exclusions: assimilation functions (b520); general metabolic functions (b540); endocrine gland functions (b555)</i></p>
b640	Sexual functions
	<p>Mental and physical functions related to the sexual act, including the arousal, preparatory, orgasmic and resolution stages.</p> <p><i>Inclusions: functions of the sexual arousal, preparatory, orgasmic and resolution phase: functions related to sexual interest, performance, penile erection, clitoral erection, vaginal lubrication, ejaculation, orgasm; impairments such as in impotence, frigidity, vaginismus, premature ejaculation, priapism and delayed ejaculation</i></p> <p><i>Exclusions: procreation functions (b660); sensations associated with genital and reproductive functions (b670)</i></p>

ACTIVITIES AND PARTICIPATION	
= execution of a task or action by an individual and involvement in a life situation	
d175	Solving problems
	Finding solutions to questions or situations by identifying and analysing issues, developing options and solutions, evaluating potential effects of solutions, and executing a chosen solution, such as in resolving a dispute between two people. <i>Inclusions: solving simple and complex problems</i> <i>Exclusions: thinking (d163); making decisions (d177)</i>
d177	Making decisions
	Making a choice among options, implementing the choice, and evaluating the effects of the choice, such as selecting and purchasing a specific item, or deciding to undertake and undertaking one task from among several tasks that need to be done. <i>Exclusions: thinking (d163); solving problems (d175)</i>
d210	Undertaking a single task
	Carrying out simple or complex and coordinated actions related to the mental and physical components of a single task, such as initiating a task, organizing time, space and materials for a task, pacing task performance, and carrying out, completing, and sustaining a task. <i>Inclusions: undertaking a simple or complex task; undertaking a single task independently or in a group</i> <i>Exclusions: acquiring skills (d155); solving problems (d175); making decisions (d177); undertaking multiple tasks (d220)</i>
d220	Undertaking multiple tasks
	Carrying out simple or complex and coordinated actions as components of multiple, integrated and complex tasks in sequence or simultaneously. <i>Inclusions: undertaking multiple tasks; completing multiple tasks; undertaking multiple tasks independently and in a group</i> <i>Exclusions: acquiring skills (d155); solving problems (d175); making decisions (d177); undertaking a single task (d210)</i>
d230	Carrying out daily routine
	Carrying out simple or complex and coordinated actions in order to plan, manage and complete the requirements of day-to-day procedures or duties, such as budgeting time and making plans for separate activities throughout the day. <i>Inclusions: managing and completing the daily routine; managing one's own activity level</i> <i>Exclusion: undertaking multiple tasks (d220)</i>
d240	Handling stress and other psychological demands
	Carrying out simple or complex and coordinated actions to manage and control the psychological demands required to carry out tasks demanding significant responsibilities and involving stress, distraction or crises, such as driving a vehicle during heavy traffic or taking care of many children. <i>Inclusions: handling responsibilities; handling stress and crisis</i>
d570	Looking after one's health
	Ensuring physical comfort, health and physical and mental well-being, such as by maintaining a balanced diet, and an appropriate level of physical activity, keeping warm or cool, avoiding harms to health, following safe sex practices, including using condoms, getting immunizations and regular physical examinations. <i>Inclusions: ensuring one's physical comfort; managing diet and fitness; maintaining one's health</i>
d710	Basic interpersonal interactions
	Interacting with people in a contextually and socially appropriate manner, such as by showing consideration and esteem when appropriate, or responding to the feelings of others. <i>Inclusions: showing respect, warmth, appreciation, and tolerance in relationships; responding to criticism and social cues in relationships; and using appropriate physical contact in relationships</i>
d720	Complex interpersonal interactions
	Maintaining and managing interactions with other people, in a contextually and socially appropriate manner, such as by regulating emotions and impulses, controlling verbal and physical aggression, acting independently in social interactions, and acting in accordance with social rules and conventions. <i>Inclusions: forming and terminating relationships; regulating behaviours within interactions; interacting according to social rules; and maintaining social space</i>
d760	Family relationships
	Creating and maintaining kinship relationships, such as with members of the nuclear family, extended family, foster and adopted family and step-relationships, more distant relationships such as second cousins or legal guardians. <i>Inclusions: parent-child and child-parent relationships, sibling and extended family relationships</i>
d770	Intimate relationships
	Creating and maintaining close or romantic relationships between individuals, such as husband and wife, lovers or sexual partners. <i>Inclusions: romantic, spousal and sexual relationships</i>

d845	Acquiring, keeping and terminating a job
	<p>Seeking, finding and choosing employment, being hired and accepting employment, maintaining and advancing through a job, trade, occupation or profession, and leaving a job in an appropriate manner.</p> <p><i>Inclusions: seeking employment; preparing a resume or curriculum vitae; contacting employers and preparing interviews; maintaining a job; monitoring one's own work performance; giving notice; and terminating a job</i></p>
d870	Economic self-sufficiency
	<p>Having command over economic resources, from private or public sources, in order to ensure economic security for present and future needs.</p> <p><i>Inclusions: personal economic resources and public economic entitlements</i></p>
d920	Recreation and leisure
	<p>Engaging in any form of play, recreational or leisure activity, such as informal or organized play and sports, programmes of physical fitness, relaxation, amusement or diversion, going to art galleries, museums, cinemas or theatres; engaging in crafts or hobbies, reading for enjoyment, playing musical instruments; sightseeing, tourism and travelling for pleasure.</p> <p><i>Inclusions: play, sports, arts and culture, crafts, hobbies and socializing</i></p> <p><i>Exclusions: riding animals for transportation (d480); remunerative and non-remunerative work (d850 and d855); religion and spirituality (d930); political life and citizenship (d950)</i></p>

ENVIRONMENTAL FACTORS	
= make up the physical, social and attitudinal environment in which people live and conduct their lives	
e1101	Drugs
	Any natural or human-made object or substance gathered, processed or manufactured for medicinal purposes, such as allopathic and naturopathic medication.
e310	Immediate family
	Individuals related by birth, marriage or other relationship recognized by the culture as immediate family, such as spouses, partners, parents, siblings, children, foster parents, adoptive parents and grandparents. <i>Exclusions: extended family (e315); personal care providers and personal assistants (e340)</i>
e320	Friends
	Individuals who are close and ongoing participants in relationships characterized by trust and mutual support.
e355	Health professionals
	All service providers working within the context of the health system, such as doctors, nurses, physiotherapists, occupational therapists, speech therapists, audiologists, orthotist-prosthetists, medical social workers. <i>Exclusion: other professionals (e360)</i>
e410	Individual attitudes of immediate family members
	General or specific opinions and beliefs of immediate family members about the person or about other matters (e.g. social, political and economic issues) that influence individual behaviour and actions.
e420	Individual attitude of friends
	General or specific opinions and beliefs of friends about the person or about other matters (e.g. social, political and economic issues) that influence individual behaviour and actions.
e450	Individual attitudes of health professionals
	General or specific opinions and beliefs of health professionals about the person or about other matters (e.g. social, political and economic issues) that influence individual behaviour and actions.
e460	Societal attitudes
	General or specific opinions and beliefs generally held by people of a culture, society, subcultural or other social group about other individuals or about other social, political and economic issues that influence group or individual behaviour and actions.
e570	Social security services, systems and policies
	Services, systems and policies aimed at providing income support to people who because of age, poverty, unemployment, health condition or disability require public assistance that is funded either by general tax revenues or contributory schemes. <i>Exclusion: economic services, systems and policies (e565)</i>
e580	Health service, systems and policies
	Services, systems and policies for preventing and treating health problems, providing medical rehabilitation and promoting a healthy lifestyle. <i>Exclusion: general social support services, systems and policies (e575)</i>